

| LUNES | MARTES | MIÉRCOLES | JUEVES | VIERNES |
|---|---|--|--|--|
| | | | 1 Garbanzos Guisados / Chickpeas Stew Limanda Rebozado con Ensalada / Battered Sole with Salad Fruta y Leche / Fruit and Milk Pan/ Bread Kcal. 732 Prot. 33 Lip 26 H.C. 91 | 2 Judías Verdes con Tomate / Green Beans in Tomato Sauce Fte. Rusos en salsa con champiñón / Hamburgers in sauce with mushrooms Fruta y Leche / Fruit and Milk Pan/ Bread Kcal. 626 Prot. 27 Lip 28 H.C. 66 |
| 5 Canelones de atun Tuna canelloni Tortilla de patata con Ensalada / Potato Omelette with Salad Fruta y Leche / Fruit and Milk Pan/ Bread Kcal. 717 Prot. 31 Lip 27 H.C. 88 | 6 FESTIVO | 7 Lentejas de la Huerta / Lentils Stew with Vegetables Merluza Rebozada con Ensalada / Battered Hake with Salad Yogur De Frutas/ Fruit Yoghurt Pan/ Bread Kcal. 649 Prot. 35 Lip 25 H.C. 72 | 8 FESTIVO | 9 NO LECTIVO |
| 12 Macarrones Napolitana Macaronni with Ham in Tomato Sauce Suprema de atún con ensalada Tuna supreme with salad Yogur De Frutas/ Fruit Yoghurt Pan/ Bread Kcal. 808 Prot. 37 Lip 35 H.C. 87 | 13 Coliflor romana/ Battered Cauliflower Pollo asado con Patatas fritas Roast Chicken with Fried Potatoes Fruta y Leche / Fruit and Milk Pan/ Bread Kcal. 714 Prot. 30 Lip 32 H.C. 77 | 14 Lentejas con chorizo/ Stewed lentils Merluza en salsa marinera/ Hake in "marinera" sauce Fruta y Leche / Fruit and Milk Pan/ Bread Kcal. 688 Prot. 32 Lip 18 H.C. 101 | 15 Puré de Calabacin / Courgette Puree Estofado de Carne con Tomate/ Braised Veal with Tomato Sauce Fruta y Leche / Fruit and Milk Pan/ Bread Kcal. 605 Prot. 24 Lip 23 H.C. 76 | 16 Sopa de Cocido/ Stew Soup Cocido Completo/ Chickpeas, Meat and Cabbage Stew Fruta y Leche / Fruit and Milk Pan / Bread Kcal. 670 Prot. 25 Lip 19 H.C. 99 |
| 19 Arroz a la cubana/ Rice in Tomato Sauce / Salchichas de Pavo con Ensalada Turkey Sausage with Salad Flan al caramelo/ Creme Caramel Pan/ Bread Kcal. 805 Prot. 30 Lip 40 H.C. 82 | 20 Alubias blancas con chorizo/ Stewed Beans with Spanish Sausage Merluza a la Gaditana Baked fish with Pepper, tomato and Onion Fruta y Leche / Fruit and Milk Pan/ Bread Kcal. 625 Prot. 31 Lip 17 H.C. 87 | 21 Crema de Puero y Patata / Leek and Potato Cream Albóndigas en Salsa Jardinera / Meatballs in Sauce with Vegetables Fruta y Leche / Fruit and Milk Pan/ Bread Kcal. 724 Prot. 28 Lip 27 H.C. 93 | 22 Entremeses Variados Hors d'œuvres Pizza napolitana/ Napolitan pizza Tarta / Cake Dulces Navideños / Christmas Sweets Kcal. 750 Prot. 26 Lip 39 H.C. 73 | |